

menú desayuno
breakfast menu

lo sano
healthy food

plato de frutas
(bowl of fruit)

yogurt
(yogurt)

plato de cereal
(bowl of cereal)

queso fresco
(fresh cheese)

lo nacional
national food

chilaquiles
(nachos with hot tomato sauce
and cheese)

huevos rancheros
(sunny side up eggs with sauce)

lo extranjero
internacional

hot cakes
waffles
pan francés
(french toasts)
omelet

lo que engorda
(fattening food)

canasta de pan dulce
(sweet bread basket)
Mermelada
(marmalade)

lo jarocho
regional breakfast

enfrijoladas
(tortillas with black beans)

entomatadas
(tortillas with tomato sauce)

esponjadas
(tortillas with beans and cheese)

picaditas
(dough with sauce and cheese)

empipianadas
(tortillas with pipian chile)

huevos tirados
(scramble eggs with beans)

chile huevillo
(scramble eggs with chile)

frijoles de olla
(black beans)

crema fresca
(fresh cream)

las bebidas
the drinks

jugos frescos

(fresh juices) \$ 18.00 \$25.00
naranja (orange) toronja (grapefruit)
sandia (watermelon)

champolas

(milkshake) \$ 35.00

fresa (strawberry) chocolate
(chocolate) vainilla (vanilla)

chocomilk
(chocolate milk) \$ 30.00

café de olla \$ 15.00
(coffee made in earthenware pot)

expresso \$ 25.00

te (tea) \$ 15.00

leche fresca (fresh milk) \$ 20.00